

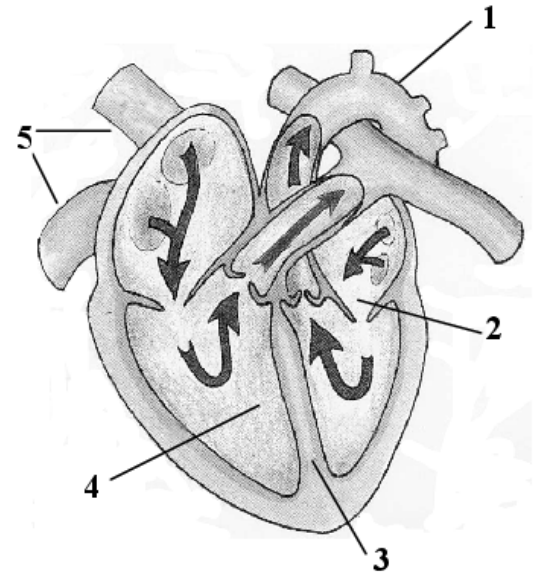
Question 1

13. Suggest **four** guidelines to ensure healthy teeth **and** gums.

- (i) _____
- (ii) _____
- (iii) _____
- (iv) _____

Question 2

4. (a) What is the function of the circulatory system?
- (b) Name the parts of the heart labelled 1,2,3,4 and 5.
- (c) Explain the differences between an artery and a vein.
- (d) (i) What is meant by coronary heart disease?
- (ii) Suggest the guidelines that should be followed to reduce the risk of coronary heart disease.



Question 3

11. Give the function of **each** of the following:

- (i) **arteries** _____
- _____
- (ii) **haemoglobin** _____
- _____

Question 4

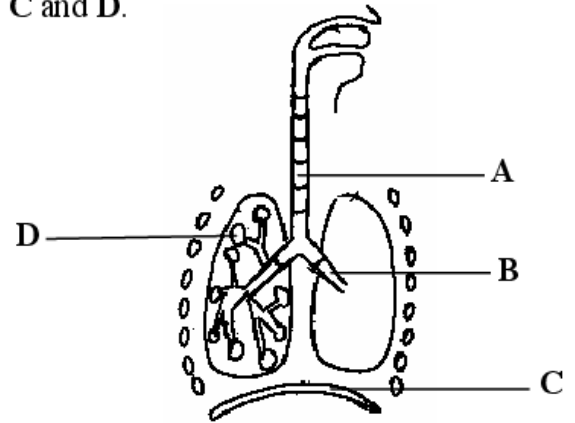
12. Suggest **four** ways to reduce a person's risk of coronary heart disease.

- (i) _____
- (ii) _____
- (iii) _____
- (iv) _____

Question 5

13. Name the parts of the respiratory system labelled A, B, C and D.

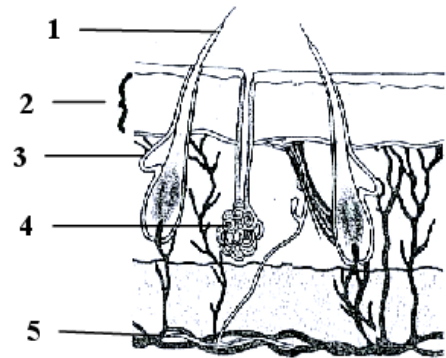
- A _____
- B _____
- C _____
- D _____



Question 6

4. (a) Name the parts of the skin labelled 1,2,3,4 and 5.

- (b) Outline **four** functions of the skin.
- (c) What guidelines should be followed to help promote healthy skin?
- (d) What special guidelines should be followed by teenagers when caring for their feet and toe nails?



Question 7

13. Give **one** function of **each** of the following:

- (i) **red blood cells** _____
- _____
- (ii) **platelets** _____
- _____

Question 8

4. (a) Outline the function of the digestive system.
- (b) Name **five** parts of the digestive system.
- (c) Select any **two** of the parts you have named and outline their role in digestion.
- (d) Suggest some guidelines that should be followed to promote a healthy digestive system.
- (e) What are digestive *enzymes*?

Question 9

12. What is *aerobic exercise*? _____

Give **one** example of an aerobic exercise _____

Question 10

15. Explain the difference between an artery and a vein _____

Question 11

4. (a) Outline the function of the respiratory system.
- (b) (i) Name **five** parts of the respiratory system.
(ii) State the function of any **two** of the parts that you have named.
- (c) List **three** reasons why people begin to smoke.
- (d) Suggest some harmful effects of smoking on the body.
- (e) Explain the term *passive smoking*.

Question 12

13. Name **four** types of permanent teeth.

- (i) _____ (ii) _____
(iii) _____ (iv) _____

Question 13

15. List **four** substances that are transported in the blood.

- (i) _____
(ii) _____
(iii) _____
(iv) _____