Ch no	Revision list 2014	Revision completed√
Ch 1	Food choices	
Ch 8	Energy	
Ch 9	Dietary guidelines	
Ch 10	Dietary & food requirements	
Ch 32	The Irish diet	
Ch 33	The Irish food industry	
Ch 26	Meal management and planning	
Ch 41	Food hygiene & safety	
Ch 42	National food safety agencies	
Ch 38	Microbiology	
Ch 39	Food spoilage	
Ch 40	Preservation	
Ch 42	Food Hygiene and Safety	
Ch 43	Food laws	
Ch 3	Carbohydrates	
Ch 24	Cereals	
Ch 4	Lipids	
Ch 25	Fats and Oils	
Ch 5	Vitamins	
Ch 50	Introducing Sociological concepts	
Ch 51	The family as a caring unit	
Ch 52	Marriage	
Ch 45	Managing Household Finances	
Ch 46	Housing Finance	
Ch 47	Household Technology- technological developments;	
	considerations in selecting appliances, food processor and	
	microwave.	
Ch 2	Protein	
Ch 11	Meat	
Ch 12	Poultry	
Ch 13	, Fish	

Ms Mills Home Economics Department St Dominic's Secondary School

Ch 20	Meat alternatives	
Ch 14	Eggs	
Ch 27	Consumer Studies- symbols & Acts	
Elective		
C 1	Social Change and the family	
Ch 2	Education	
Ch 3	Work	
Ch 4	Unemployment	
Ch 6	Poverty	